

Admissions Requirements
Yoga Studies for Aspiring Teachers and Practitioners
At
Yoga Flex

- Be at least 18 years of age.
- Submit a \$200 non-refundable application fee with completed application.
- Complete application for admission. Application to the program does not guarantee admission. Candidates are evaluated for dedication to yoga, personal character, motivation to learn and ability to manage time, and the financial obligations of the program.
- Have had a regular yoga practice for a minimum of one year.

Requirements for Graduation
And
Successful Completion of Program

- Students must successfully complete all facets of the 240 hour yoga studies program . This program is approved by the Yoga Alliance at the 200 hour level. Students successfully completing all facets of the program can apply and expect to receive RYT (Registered Yoga Teacher) Status through the Yoga Alliance.
- Criteria for graduation includes: class participation, punctuality, 100% attendance, hands-on techniques, written assignments, practical assignments, reading assignments, homework, written exam and practical exam.
- Students not meeting the expected standards will be notified and will meet with the director of teacher training to explore ways to meet minimum expectations.
- Make up weekends and make up class fees are subject to an addition \$50/hour fee over and above the tuition expense.
- Students must follow the basic rules and expectations laid out on the first day of yoga studies. Basic rules include, but are not limited to: No sexual harassment of any sort, no breach of confidentiality, no gossiping, maintenance of a professional appearance and the basic standards of personal hygiene. Failure to comply will result in a conduct warning and/or dismissal from program. Tuition will not be refunded in cases of dismissal from the program.

**Leave of Absence
Or
Withdrawal from Yoga Studies**

-Leave of absence will be granted in the case of a documented, medical disability. In the event of a leave of absence, the student will be required to reapply for the next available yoga studies session and the pay the difference of any remaining tuition fees.

-Withdrawal from the yoga studies program must be made in writing. A private meeting with the director of teacher training must be scheduled before any tuition refunds may be granted. No refunds after 60% of program is completed. (No refunds after November 1, 2006).

Additional Policies

- Classes may be cancelled due to weather. Yoga Flex will follow the CMS schools weather calendar for cancellations. It is the students' responsibility to call either the school or the director of teacher training to confirm cancellations due to weather conditions.
- Each month, students will have an opportunity to discuss concerns about the yoga studies program. Questions, comments, and concerns may be presented to the director of teacher training. The director will make any final decisions about addressing the concerns individually or as a group.